

The Child Care



Eastern Shore Child Care
Resource Center
at Salisbury University

Chat

Published by the Eastern Shore Child Care Resource Center

FALL 2025

The ESCCRC **elevates** the early childhood profession through cohesive professional learning opportunities, **advocates** for the highest quality learning environments for young children, and **supports** the unique needs of all families.

LETTER FROM THE DIRECTOR

Welcome to Fall!

Weather is giving us a very pleasant introduction to fall – perfect for great outdoor experiences. Make the most of this opportunity to take learning outdoors. For example, spread a blanket in a sunny spot or under a tree with especially colorful leaves for reading; take a table outside for painting, drawing, or writing; create streamers that children can run with to learn science concepts along with your usual outdoor activities. It's a perfect time to take advantage of the pleasant Eastern Shore autumn.

Newest news from the ESCCRC is that Jenn Hogan is moving into the position of GOFCC Coordinator. We are so pleased she is taking on this project. All GOFCC participants will work closely with Jenn to successfully complete all requirements for certification as a home-based child care business owner. Jenn is organized and is a great communicator,

so you know she's perfect for this position. Send your congrats to Jenn at jrhogan@salisbury.edu.

To those of you who attended the Super Saturday event at the Wye Mills location on September 27, thank you for coming. Taking loose parts learning outdoors is a great way to include all children as they work with and learn from the environment. We were pleased to have Heather Quinn, an independent trainer, join us to share her outdoor learning model. She describes herself as a "nature nut and earth ambassador ... providing children and adults with enriched program experiences which will promote social, emotional, cognitive, physical, and creative development." If you missed this big training day, keep an eye out for future partnerships and sign up early! There will be three more Super Saturdays this year. Next one is December 6 at the Salisbury location called "Literacy Lalapalooza,"

which will be hard to miss! Sign up soon.

Amid the changes to rules and programs throughout Maryland, the ESCCRC is a constant. Contact the office for any coaching or general questions, and for any training needs for you or your staff. The *Child Care Chat* and our website are your sources for the ESCCRC training schedule, but there are other CCRCs across Maryland where you can also obtain your clock hours. There is also a reputable online training platform that you can take advantage of. Don't forget about individualized onsite training for center-based programs and for child care associations – and remember to ask about other options if our schedule doesn't fit with yours.

Keep up the good work: families and their children are counting on you!

Leslie



TRAINING CALENDAR

CPR & FIRST AID NOTICE: The Eastern Shore Child Care Resource Center no longer offers CPR and First Aid training. Below are contacts for training:

Jay Hyde: 443-496-2464 • 1stalertcpr@gmail.com | **Tessa Doughty:** 302-396-1988 • tdoughty43@gmail.com

Please pay attention to the location information given with workshop details.

OCTOBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, October 9 6:30-8:30 p.m. Virtual	\$10	I Can Pretend Too! Dramatic Play Experiences for Toddlers & Twos Toddlers and twos engage in dramatic play differently than preschoolers; for toddlers and twos it is all about the objects/materials being offered and how the child imitates how to use the object or material. This workshop looks at how toddlers and twos engage in dramatic play based on their development as well as strategies for supporting dramatic play in the toddler and two-year-old classroom.	2 CUR	K Klein
Saturday, October 18 9 a.m.-Noon Virtual	\$15	Basic Health & Safety Training with Supporting Breastfeeding in Child Care This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop. This training is meant to be highly interactive and is based on the research-based concept of "learning disfluency," which challenges the learner to think about what they know, confirm or expand their knowledge base through discussion and research, and share their experience with others.	3 HSN	L Sinclair
Saturday, October 18 9 a.m.-4 p.m. Salisbury	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D Conklin
Tuesday, October 21 6:30-8:30 p.m. Virtual	\$10	Using Assessment to Drive Quality This training helps early childhood professionals understand and apply the Environmental Rating Scales (ERS) to strengthen program quality. Participants will learn how to use observation-based feedback, prioritize high-impact indicators, and implement practical strategies to improve ERS scores while enhancing daily routines, interactions, and learning environments for children.	2 PRO	L Sinclair

Update Your LOCATE Information and Enter to Win!

Maryland Family Network's LOCATE: Child Care is a comprehensive directory of child care offerings throughout the state. Because parents regularly visit this site to make informed decisions about child care, it is critically important that information be accurate and updated. The more complete your listing is, the better MFN can help parents find and choose your child care program.

Please review and, if necessary, update your record today. Any additions and changes will be reviewed and made active in our database within just two business days. Update your information and be entered into our monthly sweepstakes to receive a gift from MFN's LOCATE: Child Care. You can enter your program information online at <https://locate.marylandfamilynetwork.org/Provider/login> or by calling our LOCATE Provider Support Line at 866-752-1614.

What Professionals Do

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!

NOVEMBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, November 4 6-9 p.m. Virtual	\$15	Including All Children & the Americans with Disabilities Act (ADA) Including all children in a school-age program can be a challenge due to the individual needs of a large group of mixed-age children. In this workshop, participants will learn about Developmentally Appropriate Practices, Attention Deficit Hyperactivity Disorder, and Autism Spectrum Disorder and identify strategies to successfully support and include children with special needs in a school-age program.	3 SN	M Stottlemeyer
Saturday, November 15 9 a.m.-4 p.m. Wye Mills HEC #115	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M Williams
Saturday, November 15 10 a.m.-Noon Wye Mills HEC #116	\$10	Growing Vegetable Soup: Connecting Children to Healthy Foods Many young children do not know where the food they eat comes from – this workshop explores ways to connect children to healthy foods, discovering where their food comes from and ways in which they can interact with food in the classroom and outdoor spaces as well as beyond the childcare.	2 HSN	L Doeler
Thursday, November 20 6-9 p.m. Virtual	\$15	Encouraging Imaginative Play This training is designed to help participants understand the importance of imaginative play in children’s development and how providing recycled and open-ended materials opens the doors of imagination and promotes executive function and higher-level thinking skills in young children. Through small and large group activities and discussions participants will identify relevant, responsive, and reflective strategies to spark creativity in the young child’s environment.	3 CUR	J Bresentsky

Attention Directors – Get Connected!

Think about a comfortable place to have meaningful discussions about what you do every day. Consider the benefits of talking your ideas through with colleagues who will be honest with you. Imagine supporting each other as you navigate the challenges associated with being a center director. If this appeals to you, follow the link below and join professionals as we do this work together. Call 410-543-6650 or visit <https://forms.gle/raetHV72FPn2Qaqb6>.

To learn more about communities of practice read here:
<https://www.earlylearningventures.org/what-are-communities-of-practice-in-early-childhood-education/>

Up-to-Date Info from the ESCCRC

Check your email inbox for the most up-to-date news from the ESCCRC. Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the region. If you are not receiving these emails, we probably don’t have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don’t forget to check your email!

Price Updates

Training cost is currently \$10 for a 2-hour training and \$15 for a 3-hour training. The Cost of Medication Administration is \$60. ESCCRC Membership is \$30.

TRAINING CALENDAR

DECEMBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Saturday, December 6 9 a.m.-3 p.m. Salisbury	\$25	Literacy Lalapalooza! Going on a Bear Hunt This hunt is all about using great vocabulary, learning prepositions, and retelling a story, along with some family fun and a bear!	3 CUR	L Sinclair
		Creating a Language Rich Environment Language plays a key role in our ability to function within our environments. Participants will learn ways to foster language skills in the children they work with and how to identify when there is a possible delay.	2 CUR	K Klein
Saturday, December 13 9 a.m.-4 p.m. Salisbury	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D Conklin
Tuesday, December 16 6:30-8:30 p.m. Virtual	\$10	Infant & Toddler Routines and Culture TCultural values are imbedded in everyday routines of caregiving. The ability to acknowledge and respect family child rearing practices that may differ from those caregiving routines done in the classroom is the basis for beginning to resolve conflicts. Through routine activities many times each day, the educator is passing on cultural messages about how life should be lived, thus having a profound effect on the development of infants and toddlers. External factors can influence how a family's cultural beliefs and values are performed. This workshop will explore the meaning of culture, the Cultural Iceberg Theory, and strategies for building positive relationships with families and respect for their unique cultures.	2 PRO	R Merryweather



“Playtime is precious. Play builds brain pathways for thinking, creativity, flexibility, empathy and many other lifelong skills.”

– HEATHER SHUMAKER



NEWS FROM THE INFANT AND TODDLER SCENE

12 Ways to Support Language Development for Infants and Toddlers

When you talk to your child, you support their language development. Think about what you are saying from your infant or toddler's point of view. If they could talk, they might ask you ...

1. When I point to something, tell me what it is. While you are telling me, look at it and point to it too.
2. Use a gesture along with the word you say so that I can say it too. If you tell me it is time to eat, tap your lips. I can imitate the gesture and tell you when I'm hungry.
3. Talk to me about what you are doing. Tell me what will happen next, so I will know what to expect.
4. Talk to me about what I am doing. Using words to describe my actions and feelings helps me learn those words too.
5. Take turns chatting back and forth with me. Listen to what I am saying then imitate my coos or babbles. If I'm older, you can reply to my questions and ask your own. I like open-ended questions that don't have right or wrong answers.
6. Model bigger and better sentences. If I say, "Two cat," you can say, "You have two cats on your shirt!" I learn a lot from you.
7. Sing with me. It's easier to learn words in songs. I can learn about rhymes, the ABC song, the colors of my clothing, and the names of my friends.
8. Take me to the library. Read me a book, let me decide how you do it and when we are done. Let me mouth board books, handle them, and decide which to explore. Check out the thrift store and buy me a few board books (wipe them with a damp cloth). At home, attach felt tabs to them, and I will be able to turn the pages more easily, all by myself.
9. Make books about me. When I see myself in a book, I will learn that books can be about things in my life.
10. Show me the words on things. When you point out words in books and on containers, I begin to understand how printed and spoken words are connected.
11. Be playful while I learn. I like to ask you what shape the cookie cutter alphabet has made. You can say, "You made the letter L," or ask, "I wonder what letter you made?" It's less fun to be asked, "What's this?"
12. Give me time to learn and explore. There's no rush to learn the names of colors, letters, and things. I will learn them in my own time.

By Julia Luckenbill, naeyc.org/our-work/families/support-language-development-infants-and-toddlers.



Celebrations

The ESCCRC is so glad to introduce our new GOFCC coordinator, Jenn Hogan! Jenn brings eight years of child care experience, along with an eye for detail and a talent for organizing and a passion for the early childhood field to this position. If you are a part of GOFCC, you have already been working with Jenn to register for trainings. Jenn is from Lafayette, LA, and lives in Selbyville, DE with her husband and three children. When she is not working with the ESCCRC team, she likes to cook, work out, and play games with her kiddos. When you have a minute, please congratulate Jenn on her new venture. You can contact her at jrhogan@salisbury.edu or 410-543-6650.



TIPS FOR ACCESSING HIGH-QUALITY PROFESSIONAL DEVELOPMENT

The ESCCRC utilizes trainings from a data base of the Maryland Family Network, which have been approved by MSDE and designed to support the training needs of the early childhood community. Maryland Family Network has also established a collaborative partnership with ProSolutions Training for your e-learning needs. To reduce the risk of having training credit rejected by licensing or the MSDE Credential program, access training through the links provided on our website.

According to Schachter, Gerde and Bowers (2019): “Engaging teachers in high-quality PD is essential to maintaining and enhancing the quality of the EC profession worldwide. Not all PD offerings deliver content using processes known to improve teachers’ classroom practice and child outcomes.”

TRAINING POLICY AND EXPECTATIONS

CUR-Curriculum **CD**-Child Development **COM**-Community **HSN**-Health, Safety and Nutrition **PRO**-Professionalism **SN**-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must pre-register for all classes. Registration forms can be found on ESCCRC’s website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at www.training.easternshoreccrc.org
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training or the full price of the training will be charged to your account.
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training. Complete an assessment and evaluation and turn it in – This allows the ESCCRC to maintain funding as your CCRC and training hub. **ATTENTION:** In order to provide your certificate in a reasonable amount of time, you must submit your Assessment and Evaluation. **No certificate will be sent** if a completed assessment and evaluation is received after one month from training date.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at ESCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing all requirements of a class. Please keep these certificates for licensing and credentialing purposes. **This is your professional responsibility!**
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

How to File a Program Complaint

If you believe a particular child care program is in violation of state child care licensing laws or regulations, you may file an official complaint against that program. To file a complaint, contact the Regional Licensing Office covering the county where the program is located.

Zoom Etiquette

- Face the camera
- Turn off your mic when not speaking
- Participate in class and breakouts
- Observe safe practices

How to Get Your Training Hours

In Person: At our SU and ESHEC locations

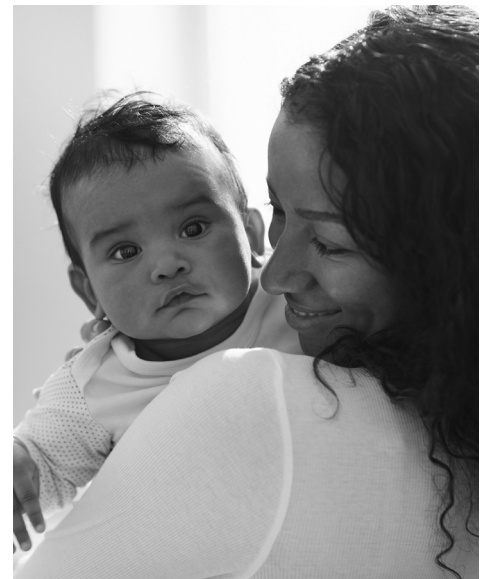
ESCCRC: Virtual classroom, networking with others through active discussion

Self-Paced: Convenient

Individualized: Training tailored to a group’s specific need

Online: Self-paced at your time and your location using ProSolutions at www.prosolutionstraining.com/md

Think about it, choose what best suits you, and contact Leslie Sinclair at lasinclair@salisbury.edu or at 410-543-6650.





MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>.

If you are not satisfied with the way your concern is handled by the director/manager at the child care resource center, please contact Maryland Family Network (MFN) at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the statewide coordinating entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

Resource Rooms Open

Resource Rooms are available for your use at both locations. Call to make an appointment between the hours of 9 a.m.-5 p.m. weekdays. You can find us at SU's East Campus and at the ESHEC building on Chesapeake College's campus.

GOFCC Information

Growing Opportunities for Family Child Care (GOFCC) is a grant program designed to recruit and support new family child care programs in Maryland. The Eastern Shore Child Care Resource Center is focusing efforts on the eight counties on the Delmarva Peninsula. If you or someone you know is interested in opening a home-based child care program, check out openchildcaretoday.com. If you have questions, you may contact the ESCCRC at 410-543-6650.

Who's Who at the ESCCRC

- Lynne Doeler, Coach
- Jenn Hogan, GOFCC Coordinator
- Rose Merryweather, Coach/ Technical Assistance Coordinator
- Leslie Sinclair, Director/ Training Coordinator

Contact the main office at 410-543-6650 and we will direct you to the right person by phone or by email.



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Published by the Eastern Shore
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Visit Us on the World Wide Web

Just log onto easternshoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Eastern Shore Child Care Resource Center and Eastern Shore Infant and Toddler Support Group

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University
Mailing Address: C/O Eastern Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650

Course Title	Date	Fee

Credit card: Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____